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**MEMORIAL DAY CEREMONY** 

MAY 31, 9:30 a.m. FSH National Cemetery Musical Prelude 9 a.m.

# **Environmental command stakes** its claim at Fort Sam Houston

**By Steve Elliott** FSH Public Affairs

In a move that further solidifies Fort Sam Houston's growing reputation as the place to be, the U.S. Army Environmental Command uncased its colors in a ceremony at the post flagpole May 21.

The transfer of the command is in accordance with 2005 Base Realignment and Closure directives and brings an additional 200 military and civilian jobs to the San Antonio area.

According to Army tradition, when a unit or the headquarters of a unit undergoes a permanent change of station, the colors are "cased" – literally furled and placed inside a canvas case – to signify that the command has ceased operations at that location. The colors are then "uncased" at the new location to signify that the command is operational at its new station.

The mission of the USAEC, which has been located at the Aberdeen Proving Ground in Maryland for 38 years, is to lead and execute environmental programs and provide environmental expertise that enables Army training, operations, acquisition and sustainable military communities.

The command is also the first of the Installation Management Command's two subordinate commands (which includes the Family and Morale, Welfare and Recreation Command) to move to San Antonio. In addition, IMCOM's headquarters will also soon be

See USAEC P7



Photo by Steve Elliott

(From left) Command Sgt. Major Terry L. Braddock, of IMCOM West Region, and Col. Scott D. Kimmell, USAEC commander, uncase the U.S. Army Environmental Command colors on Fort Sam Houston May 21.



Courtesy of Texas Department of Transportation Rendition of completed project.

# City celebrates opening of 'Gateway to Fort Sam Houston'

By Sgt. 1st Class Manuel Torres
ARNORTH Public Affairs

Commuters traveling to and from Fort Sam Houston have the opportunity to witness one of the many improvements made for the community – the new Walters Street Bridge.

As sounds of horns and vehicle engines zipped

See WALTERS STREET P6

# 187th Med Battalion shows 'Army Safe is Army Strong'

**By Steve Elliott** FSH Public Affairs

With the long Memorial Day weekend just around the corner, the 187th and Medical Battalion at Fort Sam Houston took time out for a safety stand down May 25 to raise awareness and educate Soldiers about heat injury prevention and boating, motorcycle and vehicle safetv.

"The point of these safety stand downs is to ensure Soldiers are aware of problems we have come across in the Army that have the potential for injury, whether on or off

See SAFETY P8

# VISIT NEWS LEADER ONLINE: HTTP://WWW.SAMHOUSTON.ARMY.MIL/PAO

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# Managing risk critical in summer months ahead

**By Brig. Gen. Leonard Patrick** Commander 502nd Air Base Wing

Memorial Day, or Decoration Day as it was originally called, began as an event to honor Union Soldiers who died during the American Civil War. Honoring those who served was expanded after World War I to include all men and women who died in any military action.

As we celebrate this Memorial Day, let us remember the more than one million brave Americans who have given their lives in service to our nation. Also, let's reach out to the families who have loved ones deployed in harm's way, fighting to preserve the freedoms we Americans enjoy.

Memorial Day also marks the unofficial start of summer in the U.S. In the Department of Defense, it is the beginning of the 101 Critical Days of Summer Safety Campaign, which runs through Labor Day. During this time, most of us will take family vacations, enjoy picnics, and participate in a number of other summer-related activities.

Unfortunately, many of these enjoyable activities



Brig. Gen. Leonard Patrick

come with an inherently higher level of risk, making the summer months one of the deadliest times of the year ... especially as it is associated with operating a motor vehicle.

Automobile and motorcycle accidents have consistently claimed more lives than any other accident category. The major contributing factors are poor decision making, driving at an unsafe speed for the conditions, and use of alcohol.

I expect you to be a good Wingman and Battle Buddy. Many of these fatalities could When you see something dumb, dangerous, or unsafe about to happen to a fellow warrior, take action.

have been prevented if someone had intervened. When you see something dumb, dangerous, or unsafe about to happen to a fellow warrior, take action. Remember your safety training, use good judgment, and recognize the limits of your vehicle and the driving conditions

Did you know that if you ride a motorcycle, you are at ten times the risk of dying in an accident than if you were in a car?

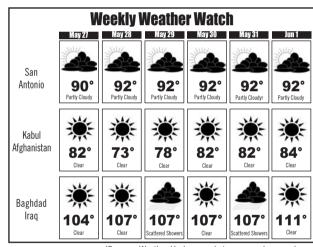
For your safety, take a motorcycle training course before you ride, wear the right protective gear, know your bike, and ride within your skills.

Poor decisions also lead to accidents during water sports and other high-risk recreational activities. If you're boating, wear a life jacket. Statistics show that life jackets greatly increase your chances of surviving a boating accident. In 90 percent of all fatal boating accidents, the victims who drowned were not wearing a life jacket.

Even a small amount of alcohol impairs our physical responses and our ability to make good decisions. Please, if you choose to drink, no matter what your activity is, drink responsibly and have a designated driver.

We have several wonderful summer months ahead to spend with friends and family. Plan your activities responsibly. Explore every avenue to help reduce the level of risk for you, your Family and friends.

As members of the world's greatest military force and Joint Base San Antonio, I want you to stay safe and stay with us while you enjoy the upcoming summer!



(Source: Weather Underground at www.wunderground.com

### Thought of the Week

Your attitude is the key. Keep up your enthusiasm and optimism through the tough times. – Kay Yow

(Source: Bits & Pieces, May 2009)

# **News Briefs**

#### Found property

Have you lost any items on Fort Sam Houston? You can check with the Found Property Custodian at the Fort Sam Houston Police Department. All found property is kept for 45 days and then disposed of, unless owner is identified. Found Property currently has four wallets, 10 bicycles, a backpack, gym bag, weight scale, a box of cookware and a suitcase. If you have lost an item or if you have found an item, call 221-2340 or come to the Fort Sam Houston Police Desk, Building 2244.

#### Construction in Infantry Post housing area

The new FMWR Academy will be located in the Infantry Post housing area adjacent to the temporary 502 Air Base Wing Headquarters and Building 4011. The project is expected to last about 420 days with construction traffic entering through the Jadwin Gate via Wilson Street. Construction hours are Monday-Friday, 8 a.m.-6 p.m. All residents and units in the Infantry Post area will need to use New Braunfels Avenue and Hood Street during the project. Call 221-0891.

# Office of the City Clerk to process passports

The City Clerk now accepts applications and takes passport photos at two locations, the main Office of the City Clerk located in City Hall, 100 Military Plaza, and the Municipal Archives and Records Facility at 719 S. Santa Rosa, Hours of operations are Monday-Friday, 8 a.m.-5 p.m. at both locations. The Municipal Archives and Records Facility will provide free parking and also have operating hours on Saturday by appointment only. Call 207-7253 or 207-4214.

# Memorial Day: Plan holiday trips with safety in mind

Lt. Gen. Guy C. Swan III Commander ARNORTH and FSH

I would like to take this opportunity to thank all Soldiers and civilians for their dedication to our country and to our Army as we prepare for the Memorial Day holiday. Your selfless service is one of the most important ways we honor the legacy of those who have served past and present.

Memorial Day weekend starts the summer season and many of you will celebrate this occa-



Lt. Gen. Guy C. Swan III

sion with Family and friends. Remember our Soldiers who are deployed and away from their Families while you enjoy the holiday.

May is also Mental Health Month; it is an opportunity to recognize and salute the resilience and dedication of our Soldiers, Families, civilians, and contractors. Please take time to restore balance in your life and learn about behavioral health and other wellness resources.

The Army kicks off its Summer Safety Campaign with the Memorial Day weekend. Historically, there are more off-duty losses during these 101 days than the rest of the year.

Automobile and motorcycle accidents remain the leading cause of accidental deaths. Outdoor activities also lead to a number of accidental deaths and serious injuries.

The Travel Risk Planning System, TRiPS, is a web-based tool that can be found on the U.S. Army Combat Readiness/Safety Center website https://safety.army.mil/.

This tool must be

completed for all planned trips outside the immediate local area when you are going on leave, pass or TDY. It will help you plan your trip, present you with hazards identified through accident investigations of similar trips, and offer controls to mitigate the known hazards.

Thank you for all you do in accomplishing the mission everyday for Fort Sam Houston and our nation, and have a safe and enjoyable holiday.

# Is your helmet part of the recall?

The Army is recalling 44,000 combat helmets made by ArmorSource and Rabintex. If you were issued one of these helmets, you must turn it in to the Central Issue Facility to be issued a new helmet.

To find out if your helmet has been recalled, check for the manufacturer's label which can be found under the helmet's ear flap. Here's how to tell if your helmet is part of the recall:

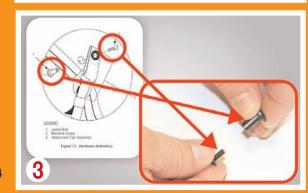
- (1) Check for the manufacturer's label [Photo 1] which can be found under the helmet's ear flap. The label should say ArmorSource or Rabintex.
- (2) Check the helmet's bench mark [Photo 2] on the inside crown of the helmet. You may have to remove some Velcro coins to see the bench mark. ArmorSource helmets will have the bench mark "ARS."
- (3) Check the retention system hardware [Photo 3], the screws that hold the chin strap to the helmet. If the helmet's hardware has a jacket bolt and machine screw, it was manufactured by ArmorSource or Rabintex and is part of the recall.

If you can't identify the manufacturer using these check points, turn the helmet in for replacement.

(Source: Headquarters Department of the Army, G-4)







# **News Briefs**

from P3

#### FSH Museum closed for Memorial Day

The Fort Sam Houston Museum is closed May 30 in observance of the Memorial Day holiday. Call 221-1886.

#### Memorial Day ceremony

The Fort Sam Houston
National Cemetery Memorial
Committee will conduct a
Memorial Day service May 31,
9:30 a.m. at the Fort Sam
Houston National Cemetery.
A musical prelude will begin at
9 a.m. Col. Mary Garr, 502nd
Mission Support Group/Garrison
commander is the guest speaker.

#### LMH office closure

The Lincoln Military Housing office will be closed June 2, 11:30 a.m.-1 p.m. for an offical office function. Call 270-7638.

#### 264th Medical Battalion

A change of command ceremony will be held June 4, 8 a.m. at MacArthur Parade Field. Lt. Col. Scott Fischer will relinquish command to Lt. Col. Timothy Hudson.

#### SMA Van Autreve wreath laying ceremony

Sergeant Major of the Army Van Autreve wreath laying ceremony, June 11, 5 p.m. at Fort Sam Houston National Cemetery.

#### FSH Safety Day

Fort Sam Houston will hold a Safety Day event June 23, 10 a.m.-2 p.m. at Army Community Service, Building 2797.

#### Medical Service Corps Birthday

Celebrate the 93rd Birthday of the Medical Service Corps July 1, noon-4 p.m. at the Lincoln Military Housing Main Resident Center, 407 Dickman Road. Bring the family and your swimming suits, lunch will be served noon-1 p.m. Hosted the Silver Caduceus Society. Reserve by June 23, e-mail office.chief.msc @us.army.mil.

# 232nd Med Bn dominates Military City 5K run

By Esther Garcia

FSH Public Affairs Office

The 32nd Medical Brigade hosted the 2nd annual Military City USA 5K Run/Walk held May 22 at MacArthur Field. The run drew an estimated 1,200 participants including civilians from San Antonio and surrounding communities and gave Army, Navy, Marine Corps and Air Force units a

chance to compete in various race categories.

the day, receiving first place in the 28-man formation run, the 5-man guidon run, and the tug-of-war event.

The 232nd Medical Battalion dominated



Brig. Gen. Leonard Patrick, commanding general, 502nd Air Base Wing, who ran with his staff in the noncompetitive category, said, "I think this is a fantastic opportunity for our young men and women from all services to come out to a healthy activity and show camaraderie and teamwork."

Col. Randall Anderson, commander, 32nd Medical Brigade, said, "This is our 2nd annual Military City USA 5K race. We started last year trying to bring the military community, such as the retirees, ROTC, and all different services together to have a chance to run and have a day of camaraderie."

Anderson added the event was a huge success with great support from all the different commands: Airman from Lackland Air Force Base, Marines from the 4th Reconnaissance Battalion, and Soldiers and Sailors from units throughout Fort Sam.

Anderson also acknowledged support from all the sponsors and local MWR. "I hope it continues to grow and we continue to get support from the San Antonio community," he added.



Airman from Lackland Air Force Base cross the finish line competing in the 28-man formation Military City USA 5K run.



The Navy 28-man formation team joined Army, Air Force and Marine Corps teams competing for trophies during the Military City USA 5K run illustrating the transformation of Fort Sam Houston supporting multi-service missions.

Companies B, C, and D, 232nd Medical Battalion, captured the first place trophies for the 28-man formation, the 5-man guidon team, and the tug of war competitions respectively.

# **Army North Soldiers learn EEO culture during six-day course**

**By Staff Sgt. Keith Anderson** ARNORTH Public Affairs

Three U.S. Army North Soldiers, along with 27 of their peers from units throughout Fort Sam Houston and the region, spent a week learning to be equal opportunity leaders April 26 – May 1 at the Rudder Army Reserve Center.

The six-day, 60-hour course taught the non-commissioned officers how to support their command's equal opportunity advisors by helping to take informal complaints, set up and assist with ethnic observances and assess the command climate – the morale and perceptions of Soldiers – in a com-

mand.

The course is very important, said Sgt. 1st Class Peter Villa, a student in the course who serves as an operations sergeant with Army North.

"It helps to educate the Army in Equal Opportunity and assists in erasing discrimination in the force," said the Brooklyn, N.Y., native.

The Equal
Opportunity program
formulates, directs and
sustains a comprehensive effort to maximize
human potential to
ensure fair treatment for
military personnel,
Family members, and
Department of the Army
Civilians without regard

See ARNORTH P18



Photo by Staff Sgt. Keith Anderson

Sgt. 1st Class Melanie Locklear (seated, right), equal opportunity advisor, U.S. Army North, provides feedback to Sgt. 1st Class Peter Villa, operations sergeant, ARNORTH, following his presentation on Count Casimir Pulaski, a Polish Soldier who emigrated to the United States and who is considered by some as the father of the American cavalry. Villa provided the presentation during an Equal Opportunity leader course at the Rudder Army Reserve Center at Fort Sam Houston April 30. Students conducted presentations on multicultural topics and participated in numerous small-group exercises.



Photo by Sgt. 1st Class Manuel Torres-Cortes

Maj. Gen. Perry Wiggins, deputy commanding general, Army North and Fort Sam Houston, along with city and state government representatives, gather over Interstate Highway 35 to officially open the "New Gateway to Fort Sam Houston" during the Texas Department of Transportation's Walters Street Bridge Ribbon Cutting Ceremony May 25.

#### WALTERS STREET from P1

underneath, U.S. Army
North and Fort Sam
Houston military and
civilian personnel, along
with city and state government representatives,
gathered over Interstate
Highway 35 to officially
open the "New Gateway
to Fort Sam Houston"
May 25, during the Texas
Department of
Transportation's Walters
Street Bridge Ribbon
Cutting Ceremony.

"Today's event highlights the incredible support that Texas and San Antonio provide our military," said Maj. Gen. Perry Wiggins, deputy commanding general, Army North and Fort Sam Houston. "This bridge has another feature; it symbolizes a connection between this community and its military members that is unmatched anywhere in the world. Located close to where the general and 34th President (Dwight D. Eisenhower) once served."

Since spring 2008. residents and commuters have witnessed the TxDOT's \$23 million construction transform the bridge, originally built in 1962, into a representation of the historic Fort Sam Houston Quadrangle clock tower, said Fred Underwood, commissioner, Texas Highway Commission. It also pays tribute to Dwight D. Eisenhower for authorizing the Interstate Highway System in 1956.

"This turned out to be fantastic," said Gina Gallegos, area engineer, Texas Department of Transportation. "We have received many calls from people about this bridge and construction to compliment on the structure and the progress, and we thank everyone for their patience during the construction."

The project included widening the bridge 37 feet to include turnarounds for both directions of travel as well as a pedestrian and bicycle lanes and sidewalks. It

also widened the IH35 frontage road lanes to allow for better traffic flow to and from the Fort Sam Houston area.

"With its modern traffic design and professional architecture, Fort Sam Houston and the city of San Antonio will be able to look [at their accomplishment] with pride," said Sen. Jeff Wentworth, Texas State Senate, 25th District.

"This is no miracle that this is possible. It is because of the hard work and dedication of the workers of the Department of Transportation to continue to enhance the city of San Antonio and the state of Texas."

Plans are also in the works by the City of San Antonio and Fort Sam Houston to build a sixlane throughway from the Walter's Street Bridge to the Post's main gate. This \$13 million construction project is aimed at enhancing the surrounding area and providing economic benefits

and quality of life improvements for the residents, said Rep. Ruth McClendon, state representative, District 120.

"Interstate 35 is one of the busiest roads in America," said Tommy Adkisson, Bexar County Precinct 4 commissioner. "This bridge is a tribute to all our brave military servicemen and women who gave the ultimate sacrifice to our nation."

With the hard work by the TxDOT and cooperation of city and state officials, the new bridge has become another symbol of the relationship between the military and community members.

"On behalf of the service members and military Families past, present and future that have called or will call this city home, thank you to the city of San Antonio and the Department of Transportation for a project that truly is worthy of the history and legacy of Fort Sam Houston and your U.S. military," said Wiggins.

#### **USAEC** from P1

located at Fort Sam Houston. These remaining units are scheduled to complete the transfer by September 2011.

"The transition of the USAEC flag from Aberdeen to San Antonio is such an important event. It's a great big deal," said Lt. Gen. Rick Lynch, IMCOM commanding general and the Army's assistant chief of staff for installation management. "This is signified by today's placement of the colors and today is the first of many. All this shows that IMCOM is moving this way," the general said. "The very fact that I can present a Texas flag to Colonel Kimmell shows you how excited we are to be coming to Texas."

In talking about the importance of the com-

mand's mission, Lynch referred to Thomas Friedman 2008 book, "Hot, Flat and Crowded."

"When the Army goes green, the nation will go green," the general quoted from the book. "The nation has to go green to preserve our future. We have to be moving towards energy independence and security."

The USAEC's move to Fort Sam Houston seems especially appropriate as the post recently won a Lone Star Land Steward Award in the special recognition category from the Texas Parks and Wildlife Department for its work in preserving and working with the environment at its massive combat medic training area at Camp Bullis.

"I couldn't be prouder to be the first USAEC commander at Fort Sam Houston and unfurl my team's colors, signifying this historic place as our new home," said USAEC Commander Col. Scott D. Kimmell. "We have a wonderful history at Aberdeen Proving Ground in Maryland, and we are ready to start a new chapter at Fort Sam Houston.

Taking the reins of USAEC just 15 days earlier when the colors were cased in Maryland, Kimmell is responsible for addressing environmental challenges that face the Army, including Soldier training to modern standards, base closure and realignment construction, installation cleanup and growth of the force.

A brigade-level subordinate command, USAEC provides central planning, management, coordination, oversight, and technical support to the

Army's environmental programs. Kimmell's duties will include restoration of contaminated lands; pollution prevention; technology transfer; reporting and tracking of Army environmental programs; conservation of natural and cultural resources; and compliance with environmental standards and criteria set by laws and regulations.

"We come with a seemingly simple, but very important, mission for our Army – to make sure we lead and execute environmental programs and provide expertise that allows our Army to train, conduct operations, support acquisitions and provide sustainable military communities for our workforce and our Families," said Kimmell.

"We're always focused on the Soldier and readiness," the colonel added. "The team responsible for this extremely important mission is comprised of the best professionals our country has to offer -Soldiers and civilians with talents in environmental science, preservation, geology, botany and chemistry, to name a few. We are armed to the teeth technically to ensure our Soldiers and their Families have a safe place to work and live.

"Establishing our colors here is only the tip of the iceberg of the great things to come," said Kimmell, who added that about 30 percent of the USAEC workforce is currently in San Antonio and the rest should be here by July 2011. "Our IMCOM headquarters will soon follow us to Texas, thus firmly planting the leadership of IMCOM in San Antonio.

"We are an Army in transition and at war," the colonel said. "However, we are resilient and we will continue to ensure that our Soldiers, Families, civilians have a safe place to train, grow and live."

The colonel said one of the added benefits of moving to San Antonio was the great Tex-Mex food available here and he let on a little information that's sure to make him popular with the locals.

"It's great to come from Washington, D.C., to Texas, especially as a Dallas Cowboy fan," Kimmell said with a smile. "We love the area and are just so happy to be here.

Lynch echoed the sentiment, saying, "My wife is from Killeen, I've got 16 years at Fort Hood, and I claim Texas."

#### SAFETY from P1

duty," said 1st Lt. Michael Hagy, 187th Med. Bn. safety officer, who was talking to troops about motorcycle safety. "It's not just the motorcycle rider I'm trying to impress these facts upon, but everyone who shares the road with a motorcycle."

With 16 motorcyclists killed in San Antonio so far this year, the leading cause of motorcycle fatalities in crashes with other vehicles is that drivers of larger vehicles fail to yield.

The National Highway Traffic Safety Administration blames two-thirds of motorcycle deaths in collisions with other vehicles on other motorists failing to yield.

"We also want to make sure Soldiers understand Texas laws when it



Photo by Steve Elliott

1st Lt. Michael Hagy, safety officer for the 187th Medical Battalion, talks to troops about motorcycle safety.

comes to motorcycles, and especially the helmet laws," Hagy said. "I tell them because we have this one (Army) uniform, we only have one law. They should be wearing a helmet, protective eyewear, gloves, boots, longsleeve shirts, pants and a reflective vest. There's no 'off duty' when it comes to safety."

"This is a time for Soldiers to reflect on certain things they may have been doing the wrong way," said Sgt. 1st Class Israel Baugh, a platoon sergeant with Company B, 187th Med. Bn., who was briefing boating safety. "It's an opportunity for the command to really emphasize the safety campaigns and make sure every Soldier comes back safe after the holiday season."

According to the U.S. Coast Guard' Boating Safety Resource Center website at http://www. uscgboating.org, the top five primary contributing factors in accidents are careless or reckless operation, operator inattention, no proper lookout, operator inexperience and passenger/skier behavior.

Alcohol use was listed as the leading contributing factor in fatal boating accidents; it was listed as the leading factor in 17 percent of the deaths.

With summertime comes heat, and Staff Sgt. Kirby Rubin, platoon sergeant and safety NCO for Company D, 187th Med. Bn., was reminding Soldiers to do the right thing during the hot weather.

"Hydrate, hydrate, hydrate. We don't want to have any heat-related injuries this weekend or this year," Rubin said. "On the other hand, we don't want them to overdo it to the point where they get water intoxication. Also, realize that drinking alcoholic beverages in the Texas heat is a lot different and can affect people differently."

While everything is bigger in Texas, including the vehicles, driving a big truck or SUV can pose special challenges to those not used to them.

Staff Sgt. Caesar E.

Barreras, an instructor for the 68T animal care specialist course and owner of one of the aforementioned big trucks, went over the unique handling and driving characteristics for Soldiers who might be looking to trade up.

"A lot of people come to Texas and say, 'I've got to get a big truck," Barreras said. "Trucks are great to use on a daily basis for a variety of reasons, but people need to keep in mind that they do roll over because of their higher center of gravity. The Army Combat Readiness website (https://safetv. army.mil/) has a privately-owned vehicle safety checklist that covers a lot of information people need to know about safely operating their vehicle."

# Nurses celebrate serving others, mark anniversary of Florence Nightingale

**By Jen D. Rodriguez** BAMC Public Affairs

Eight Brooke Army Medical Center nurses, both military and civilian in their respective fields, were awarded Nurse of the Year certificates and a coin May 12 in front of more than 60 peers and colleagues at the BAMC auditorium.

This year's theme,
"Nurses are the Heart of
BAMC and Institute for
Surgical Research,"
marks the 90th anniversary of Florence
Nightingale, who
believed that her purpose
in life was to serve God
by serving others to lesson human suffering.

"I know she would be proud that nurses top every Gallup Poll as the most respected professionals in America," said Dr. Kathi Light, dean of the School of Nursing and Health Professions at the University of Incarnate Word and guest speaker.

"A far cry from what people thought of nurses at the beginning of her career; she would be ecstatic about our commitment to evidence-based practice and our increasing awareness that developing cultures of safety means that all disciplines must communicate and work together to create systems that will keep patients safe."

Light, who served in the Army Nurses Corps from 1968-1973, said keeping patients safe is the number one obligation of nurses.

"Creating patient and



Photo by Kelly Schaefer

Senior Practical Nurse Master Sgt. Robert Collins' hands are blessed, during the opening ceremony (Blessing of the Hands) for Nurse's Week on May 6 by Brooke Army Medical Center's Chaplain (Maj.) Anton Ciomperlik.

Family-centered systems of care and promoting cultures of safety: that is what we do – we are the

first and last line of defense for the patient," she said.

"You are strong and

resilient," Light said.
"Your patients depend on you and trust you. You offer courage and hope

to those in need. You provide compassionate and proficient care always and wherever there are Soldiers. Like Florence Nightingale, you are privileged to care for wounded warriors. Your patients depend on you and trust you. You offer courage and hope to those in need."

Nurse's Week kicked off with the Blessing of the Hands by BAMC Chaplain (Maj.) Anton Ciomperlik in the BAMC Chapel. Throughout the week, he went to floors and units blessing the hands of nurses unable attend the opening ceremonies. Also, he handed out Nurses' Prayer coins to more than 1,300 nursing staff.

See NURSE P12

# **ARSOUTH Families able to talk face-to-face, while miles apart**

**By Pvt. Samantha D. Hall** 11th PA Detachment

When Soldiers from U.S. Army South deployed to Port-au-Prince, Haiti, many were told to prepare for at least a six month deployment, but hope for three.

With that in mind, Soldiers said goodbye to Families and headed to Haiti in support of Operation Unified Response. Although many Families keep in touch via phone, e-mail and Facebook, very few have been able to video chat with their loved ones.

Thanks to technology and coordination between Joint Task Force-Haiti and U.S. Army South, Soldiers at LSA Dragon were able to spend 10 minutes each talking to Families and loved ones May 7 following a Family Readiness Group meeting via video teleconference.

"My wife and I talk a lot through Facebook chat, but seeing them [live] is a big deal," said Lt. Col. Scot N. Storey, headquarters commandant, JTF-Haiti, deployed from U.S. Army South. "The thought of seeing them and to be able to see how they've changed in the past couple of months is kind of cool."

Storey has two children still at home, one 14 years old, and the other 16. While deployed, Storey had to miss his son's birthday.

"I was very excited that I got to talk to my wife and children, especially my children." Storey said. "It was a very nice touch to see them for a little while."

Several other Soldiers were also able to talk with their Families.

"It was great to be able to talk to [my son] and see him after a couple months," said Sgt. 1st Class Leslie Hawkins, noncommissioned officer in charge, secretary of the joint staff, JTF-Haiti, deployed from U.S. Army South. "We talked about what he has been doing and he told me about my other sons who weren't there."

Hawkins deployed about two months ago to assist in the relief efforts in Haiti. In previous deployments she was able to do video chats, but this was the first time she was able to in Haiti.



Sgt. Theresa Linn, information systems specialist, forward detachment, 56th Signal Battalion waves hello to her 15-month old son, Caleb, and her husband Henry during a live video chat. Linn deployed in support of Operation Unified Response several months ago.

Photo by Pvt. Samantha D. Hall

Sgt. Theresa Linn, information systems specialist, Forward Detachment, 56th Signal Battalion, deployed from Fort Sam Houston, also spent a few minutes talking to her husband, Henry Linn, and her 15-month-old son, Caleb.

"I'm very excited I got

to see them over video," Theresa said. "It's sad that I can't be there to see Caleb through all his stages of walking, but now that I've gotten this VTC, I feel a lot better. I look forward to being home with them."

This is Theresa's first time away from her son.

Henry, who brought Caleb with him to see his mom, was just as happy to see his wife.

"It was really cool," Henry said. "I really enjoyed seeing her and so did my son. We're both happy to see her."

See ARSOUTH P12

#### **ARSOUTH from P10**

During the couple's VTC, Caleb showed off his walking skills and acted shy towards his mom on the video screen.

"He doesn't really recognize her, but he walked around for [Theresa]," Henry said.

The couple got to talk face-to-face about their son, how tall he is and the things going on during the day.

"He's been getting bigger, walking and running around," Henry said. "I know [Theresa] misses that." With today's technology, Soldiers are able to keep in touch with Families and friends a lot easier through Facebook, Myspace and Skype, while still using e-mails,

phone calls and letters.
The VTC gave
Families the ability to see

their Soldiers and made that 10-minute conversation all the sweeter.

## "We are the first and last line of defense for the

patient."

— Dr. Kathi Light, dean of the School of Nursing and Health Professions at the University of Incarnate Word

#### NURSE from P9

To top off the weeklong celebration, BAMC nurses were able to send this year's nurse T-shirts to deployed Soldiers from fundraising efforts, such as the Valentine's Day candy grams, basket silent auction, breakfast taco and T-shirt sales.

The winners were: Advanced Practice Registered Nurses: Maj. Pamela Wulf,
Anesthesia, CRNA;
Darlene Deters, Critical
Care APRN civilian;
Registered Nurse: Lt.
Col. Lisa Lehning, head
nurse Emergency
Department; Lisa Vanek,
RN, Radiology
Department; Licensed
Vocational Nurse: Staff
Sgt. Brandon Gibson,
staff LVN, Institute for
Surgical Research/Burn;
Andra Mitchell, staff

LVN, Pulmonary Clinic; Nursing Assistant: Pfc. William Maldonado Medical/Surgical medic, 6-east; William Crayton, Critical Care Nursing Assistant, 2-south.

1st Lt. Jamie Cedola, an APRN and committee member also received an Army Achievement Medal for her work in making the Nurse's Week a great success. Top dogs dare to dip at the Aquatic Center

**By Valentine Pumphrey** FSH MWR

The dog days of summer arrived early at Fort Sam Houston as dogs of all shapes, sizes, colors and breeds cooled off at the Fort Sam Houston Aquatic Center May 22.

This was the second time that the Aquatic Center hosted this event to coincide with the draining and cleaning of the outdoor pool in preparation for the busy summer season.

Despite the construction, more than 65 dogs attended the event, along with their owners and other Family members. The pups were pampered throughout day with biscuits, bones and gift baskets – even puppy ice cream.

Cool Dog Pet Mobile Spa-Salon provided complimentary nail clipping service, relieving the dogs' owners of this much-dreaded chore.

Attendees had a chance to vote on the cutest puppy photo for the PurinaCare Insurance Services Inc. Puppy Photo Contest. The

undisputed winner was a stylish, summer-ready pup complete with a braid and sunglasses!

The dogs' two-legged companions enjoyed T-shirts, snow cones, beverages and hot dogs. More importantly, owners received valuable information on community pet resources with the Fort Sam Houston Veterinary Treatment Facility and Alamo Area Partners for Animal Welfare on site.

"I think this is great for the community, for people and for pets to get out, get exercise and get information regarding the services that vets and other agencies provide. People are having a great time," said Fort Sam **Houston Garrison** Command Sgt. Maj. Raymond P. Houston, who brought his beautiful - vet stubborn - bulldog, Tonka, to the dip. It took some coaxing and gentle nudging from Houston, but Tonka finally ventured into the pool.

"We are working hard on total Family fitness, not just for service members, but for pets too,



U.S. Army South Master Sgt. David Dodson may have summed it up best: "If you want your dogs to get a good night's rest, bring them to the Doggie Dip!"

For more information regarding upcoming pet-

friendly events, to include the Sept. 11 Doggie Dash to the Dip, or for further information regarding Aquatic Center programs and hours of operation, visit http://www.fortsamhoustonmwr.com.

# Fort Sam Houston Museum invites new arrivals to use its services in new ways

As Base Realignment and Closure continues to unfold, wave upon wave of organizations, units and people are flowing onto Fort Sam Houston.

As many new arrivals and soon-to-be arrivals have never been here before, Fort Sam Houston and its unique environment may be a bit bewildering.

A Soldier at the Military Education and Training Campus might pause to ask, "Why do they call it the Infantry Post when there's no infantry at Fort Sam?"

A new Army civilian employee at the Installation Management Command might wonder "What do you mean the parade ground is named MacArthur, not 'Douglas' MacArthur Parade Field?' Or an Air Force officer in the Graham-Wheaton neighborhood might wonder if anyone famous has lived in his or her quarters.

Others might ask about Camp Travis Road, Chinese Camp or George Beach Boulevard and many will ask why the guards at the gates are saying, "Welcome to historic Fort Sam Houston," after checking your identification when you enter the post.

The answers to these and many other questions can be found at the Fort Sam Houston Museum.

Not only that, the museum staff is prepared to go to any organization on post – new arrivals or old timers – and make a presentation on the histo-



**Courtesy photo** 

The Fort Sam Houston Museum, Building 123, behind the Garrison Headquarters, Building 122 on Stanley Road, invites visitors to "step into history."

ry of the installation or on a particular neighborhood where the organization is located.

"We feel it is important to make new arrivals feel welcome and more at home in their surroundings," said museum director John Manguso.

"Our award-winning
'Historical Neighborhood
Awareness Program' was
designed to provide information to organizations,
units or Family members
working or living in any

of the historic areas at Fort Sam."

Take the IMCOM headquarters for example. Manguso explained the command is relocating from Arlington, Va., to Fort Sam Houston and will move into a complex of four historic buildings on Stanley Road.

These buildings were part of the Army Housing Program of 1926 which introduced the Spanish Colonial Revival style of architecture onto post. Constructed in 1928 as the 9th Infantry Barracks, the complex housed the Adjutant General School, a railway operations school during World War II; and was home for the Medical Field Service School.

The museum could provide IMCOM newcom-

ers with an audiovisual presentation on the complex, illuminating their place in history.

IMCOM could also request copies of archival images to decorate the recently refurbished interior, or borrow a copy of the museum's travelling exhibit for the New Post, Manguso said.

Did anyone famous live in your quarters? Ask the curator at the museum, Jacqueline Davis. She is assembling a database of residents of Family housing on post.

"I have been using telephone books, city directories and census records primarily. But you have to remember that the Army didn't compile lists of residents

See MUSEUM P18

# Faces of victory:

# **BAMC** warriors bring home gold, silver, bronze

By L.A. Shively
FSH Public Affairs

Warrior Transition Unit Soldiers from Brooke Army Medical Center brought home gold, silver and bronze for a total of seven medals in the inaugural Warrior Games at the Olympic Training Center, Colorado Springs, Colo. The five-day competition drew to a close May 14.

Capt. Juan Guerrero captured gold in the Olympic-style 10-meter air rifle, shooting in the prone position.

Spc. Shawn Porter competed in both the 10-meter air rifle standing/non-supported and the 30-meter recurve-bow open events, bringing home the gold in the air rifle event.

Army archers swept the recurvebow rounds, with Sgt. Michael Lukow winning gold. Staff Sgt. Robert Price earned bronze in the compound-bow event.

Other FSH winners included Sgt. Lilina Benning taking the bronze in shot put; Spc. Sergio Lara, bronze, 10-meter air rifle standing/non-supported and swimming; and Staff Sgt. Paul Roberts, bronze, 10-meter air rifle standing/non-supported and silver in wheelchair basketball.

The Warrior Games are a joint effort between the Department of Defense and the U.S. Olympic Committee to inspire recovery among wounded, ill, or injured service members, while capitalizing on physical fitness and promoting opportunities for growth and achievement.

Although he'd only had two weeks of training and shooting weapons was lifelong a skill, Porter had post-traumatic stress disorder to overcome to win gold.

"It was pretty stressful," Porter said.
"I shot my average going into the qualifications – the first two rounds – but I smoked the finals with 20-something points ahead of the second place guy."

Porter said the key to winning was controlling anxiety. "The biggest thing for me was pretending that nobody was there, focusing on the target and staying away from all the other stressors."

He said that although his training



Photo by Jen D. Rodriguez

Medal winners from left are Capt. Juan Guerrero, Staff Sgt. Paul Roberts, Sgt. Lilina Benning, Staff Sgt. Robert Price, Spc. Sergio Lara and Spc. Shawn Porter.

was short in duration it was intense for six- to eight-hour days and that is what helped him to quiet the dissonance in his brain.

"When I shoot, I can only focus on one thing, and I believe the sport has helped me therapeutically."

Porter said he used to be one of those Soldiers who didn't believe in PTSD.

Deployed to Afghanistan in 2009, Porter became ill and required surgery. While recovering in Germany he was diagnosed with PTSD and transported to Brooke Army Medical Center, where he has been undergoing treatment when he's not at the shooting range.

"This has been a real eye-opener for me," he said. "The PTSD did not manifest itself after I returned from Iraq, but I [was] diagnosed when I returned for surgery from Afghanistan during my second deployment." Porter said he wanted to return to Afghanistan after surgery, but the PTSD prevented that from happening.

"It is an illness, and because I am seeing my psychologist twice a week, I am making great progress," he said. "When I returned home, I could not cope with being a dad and husband, and my family deserves that I get good treatment."

The sport is a healing aid, Porter said, because it has allowed his competitive nature to come to the forefront.

"We're both command specialist majors," joked Spc. Sergio Lara, referring to himself and Porter one morning on the archery range.

Lara nods adamantly while Porter explains that victory is mostly a state of mind over matter.

"I was stressing it, so it cost me some, but it's all good – it was exciting and fun," Lara said, referring to the Games. "We did our best and brought home some medals for Fort Sam."

Lara crushed two discs in his back from falling on ice during active duty with his unit in Fort Wainwright, Alaska, last year. After surgery, rehabilitation included shooting and swimming. His hobbies are now his passions.

"I brought home two bronze this year and will go for gold next," he said. "It gives you a boost of confidence."

What started as therapy, he said, has now become a victory for him, fellow Soldiers and the Army. "I want everybody to get out there and do the best they can."

"It gives me a chance to go out there and compete, rather than just hang out feeling sorry for myself," Porter agreed.

(Air Force Chief Master Sgt. Gonda Moncada, Texas National Guard, contributed to this story)

# **Competitions hit target, heal wounded warriors**

**By L.A. Shively** FSH Public Affairs

A loud and satisfying "thwack" signals the on-target strike of an arrow – a bull's eye?

Whether it's the center of the target or not, the answer is a resounding "Yes!" for Soldiers training in archery, one of several sporting events offered to wounded warriors at Brooke Army Medical Center's Warrior Transition Battalion.

Soldiers are shooting arrows from compound and recurve bows on one side of Fort Sam Houston's archery range; while Airmen and Marines join Soldiers to throw the javelin, shot put and discus on the far side of the field during an early morning WTB Paralympics competition, May 25.

Competing in adaptive sports is proving to be a very powerful tool for healing wounded warriors and involving the community with their reintegration.

"Instead of focusing on disability, they learn to focus and look for ability," said Maj. Marc Statham, WTB's operations officer.

The Adaptive Sports Program on post came to fruition through collaboration between Fort Sam Houston and the U.S. Paralympics organization just over one year ago. This year archery, javelin, shot put and discus were added Statham said.

Adaptive sports allows service members to train, participate and compete with their injuries. The WTB program offers various sports each month with training sessions held several times during the month, followed by a quarterly tournament.

"Each month the WTB has introductions into various sports such as swimming, wheelchair basketball and sitting volleyball. Later in the year the battalion is planning on introducing wheelchair rugby," Statham said.

Training and competitive events at Fort Sam give Soldiers a well-rounded local experience prior to advancing to the national level. The fourth week is competition, usually on Tuesdays. The May 25 competition included archery, javelin, shot put and discus events where medal were awarded.

Sgt. 1st Class Kevin Majors focuses on his target during the archery portion of a quarterly WTB adaptive sports competition at the FSH archery field, May 25. Photos by L.A. Shively Air Force Senior Airman Colton Read aims a javelin, during a quarterly WTB adaptive sports competition at the FSH archery field, May 25.

Medals are tabulated quarterly and the company with the highest score earns a sports streamer for their guideon Statham explained.

"It gets me back into the fun of actual competition. I haven't been able to compete in anything in awhile," said Staff Sgt. Philip Davis, who was wounded in Iraq last year..

Air Force Senior Airman
Colton Read was enjoying
himself tremendously competing in shot put, discus and javelin.

"It's a chance to get better and still compete," Read said. He explained he'd competed prior to losing both legs above the knees, while serving at Travis Air Force Base in California, and looked forward to the events with the WTB.

Wounded warriors interested in pursuing sports through the WTB are encouraged through training camps and coaching.

Read's coach, Gabriel Diaz de Leon, a U.S. Paralympics throws coach, recently trained Read at a military sports camp in Phoenix held specifically for Paralympics field events.

"We teach proper technique on how to hold and throw each implement," de Leon said, adding that they encourage each athlete to continue training after



Staff Sgt. Raul Martinez (right) instructs Staff Sgt. Robert O'Hagan with the finer points of drawing a bow during a quarterly WTB adaptive sports competition at the FSH archery field, May 25.

camp sessions. He stressed that each individual learns and progresses at differing rates and that finding the right equipment also takes time.

Coach de Leon said he too was injured while serving in the military and understands the challenges confronting wounded warriors training to be competitive athletes.

"A [Paralympics] athlete trains just as hard as an Olympian – you put in the same time, sweat and tears as anyone else does," the coach said, adding he would like to see more exposure and funding for these athletes.

"We are all arches in a Soldier's circle of life. For the first time I am seeing those arches getting together and completing that circle," said Jose Laguna, a recreation therapist at the Audie L.



Air Force Senior Airman Colton Read throws a discus during a quarterly WTB adaptive sports competition at the FSH archery field, May 25.

Murphy Veterans Hospital, who is involved with the Paralympics camps and outreach programs.

"You have older veterans teaching the newer veterans how life should be. They are role models – so these [Paralympics] programs are excellent. They will foster new talent to represent the U.S. But at the same time everyone wins – the veterans, the community and the country as a whole."

#### MUSEUM from P15

in quarters. And if it did, the records would have been retired or destroyed periodically.

"So there are gaps," she said. With the onset of the [1974] Privacy Act, the Army stopped listing the Family quarters' occupants in the post telephone directory altogether."

The museum can provide current or former residents of quarters with a photo of their house and information on its construction, along with copies of the original floor plans.

"Our best information is on the older neighborhoods – Staff Post, Infantry Post, Cavalry and Light Artillery Post and the New Post – but we do have some information about the original Harris Heights and

Watkins Terrace neighborhoods," Davis said.

What about guided tours?

"In general, we do not do guided tours of the post, but exceptions can be made," Davis explained. "I recommend that units and organizations visit the museum to learn about the post and to pick up a copy of our tour map and see the post at your own speed."

Regarding landmarks such as Camp Travis
Road, the Chinese Camp and George Beach
Boulevard, the museum staff prepared a reference guide explaining the history behind the named features on post titled, "Surrounded By History."
Copies are available at the museum.

How can an organization or unit take advantage of this service?

"Just give the museum

a call and work out the details – date, time, duration, etc. Staff can tailor presentations for OPD, NCODP, town hall meetings, Family members or other gatherings. We will also bring publications and other handouts to their location when we come," Manguso said.

The Fort Sam Houston Museum is located in Building 123 on Stanley Road, right behind Garrison Headquarters. Its hours of operation are from 10 a.m. to 4 p.m., Wednesday through Sunday.

Upon request, it can provide its services before 10 a.m. or on Monday or Tuesday to meet an organization's training schedule. Call 221-1886 for further information.

(Source: FSH Museum)

#### **ARNORTH from P5**

to race, color, gender, religion or national origin, and provides an environment free of unlawful discrimination and offensive behavior, according to the Army website.

The training for EO leaders covered 24 classes on a wide variety of topics, to include individual and group behavior, cultural awareness, aspects of discrimination and EO skills and information. Students conducted presentations on multicultural topics, participated in small-group exercises and completed daily guizzes and a final exam.

Villa, who has deployed to Afghanistan and Iraq, said the training made him a better leader in the Army.

"Noncommissioned officers have many different missions," Villa said. "One of those missions is to train and instill discipline. Completing the EOL course enables me to further expand my mind and fully accomplish that mission. It also allows me to be a rock for Soldiers in need throughout the Army."

The course reemphasized the importance of EO to the Army, added Sgt. Sharra Scott, automations NCO, Defense Coordinating Element Region VIII, Army North, who traveled from Denver to attend the course.

"EO must be a constant on-duty, off-duty obligation for all military personnel and their Families," said Scott, a native of San Antonio. "Keeping this in mind will allow for a more diverse and adaptable military force."

Equal opportunity leaders are essential, said Master Sgt. Mary Peters, equal opportunity advisor, Army Medical Department Center & School, and Fort Sam Houston.

"Equal Opportunity leaders are the eyes and ears of the commander and the backbone of the EO program," said Peters, a native of Louisville, Ark.

But the job isn't for everyone, she added.

"For me, it's a personal choice," Peters said. "If you're one of those people who's willing to do the right thing all the time, then yes."

## AMEDD MUSEUM RECEIVES IRAQI HOSPITAL MEMENTOES



#### **Photo by Steve Elliott**

Maj. Gen. Patricia D.Horoho, U.S. Army deputy surgeon general and chief of the U.S. Army Nurse Corps, accepts a flag from Col. Rafael A. Dejesus, as Command Sgt. Maj. David J. Littereal looks on. Littereal and Dejesus, currently with the 10th Combat Support Hospital at Fort Carson, Colo., were both stationed together at the Ibn Sina Hospital in Baghdad, Iraq, and were donating a number of items from the now-closed hospital to the U.S. Army Medical Department Museum at Fort Sam Houston. The presentation took place May 20 at the AMEDD Museum booth at Henry B. Gonzalez Convention Center during the Army Medical Symposium cosponsored by U.S. Army Medical Command and the Association of the United States Army.

### NCO WIVES CLUB SCHOLARSHIPS



#### Photo by Lori Newman

Lindsey Wafford, Robert G. Cole High School; Amber Wessies, Robert G. Cole High School; Angelita Luna, club president; Tonya Champagne, James E. Madison High School; and Vanessa Banda, Luther Burbank High School pose for a photo at the Noncommissioned Officers' Wives Club scholarship luncheon May 20 at the Fort Sam Houston Golf Club. Each of the high school seniors received a \$700 scholarship from the club.

### FIRING PRACTICE



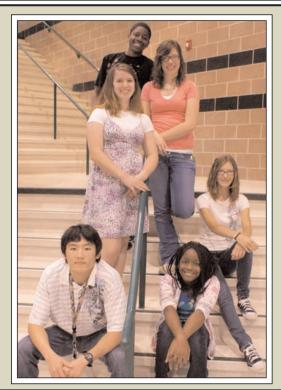
#### **Photo by Minnie Jones**

Spc. Dennis Cook (kneeling) and Sgt. Daniel Williams from Headquarters and Headquarters Company, U.S. Army Garrison, demonstrate to Harlingen High School JROTC students the proper way to load and cock the M1A1 75mm Howitzer gun and carriage, May 14. The HHC, USAG is responsible for providing honor guard services to veterans in 63 counties in the South Texas Region.

# COLE MIDDLE/HIGH SCHOOL STUDENTS OF THE MONTH

Each month, Robert G. Cole High School recognizes one student from each grade level for his/her outstanding attitude, citizenship, and overall contribution to the school. The students are nominated by their teachers and then one student is selected by the faculty of each grade level. The recipients for May are (clockwise from top) Rashad Anderson, 11th grade; Kayla Hallstrom, ninth grade; Teryn Richardson, eighth grade; Mariah Rogers, sixth grade; Jameson Wong, 12th grade; and Savannah Wessies, 10th grade. Not pictured is Kyla Moulton, seventh grade.

Photo by Dr. Roland Rios



#### FORT SAM HOUSTON INDEPENDENT SCHOOL DISTRICT - WEEKLY CAMPUS ACTIVITIES - MAY 31-JUNE 4

**Fort Sam Houston Elementary School** 

#### May 31

Memorial Day Holiday/school holiday

#### June 1

Award ceremonies in classrooms Kindergarten, 10:30 a.m. Second grade, 1:45 p.m. Award ceremonies for Fourth grade in classrooms Ms. French, 9 a.m.

Ms. Goff and Mr. Jones, 12:30 p.m.

Ms. Kennedy, 12:45 p.m.

Ms. Bertschy and Ms. Bills, 2:45 p.m.

#### June 2

Fifth grade awards ceremony in cafeteria, 9 a.m.

#### June 3

Third grade awards ceremony in

classrooms, 2 p.m.

#### June 4

Last day of school — end of fourth nine weeks End of second semester Fifth grade graduation pool party at the Aquatic Center, 11:30 a.m.-2:15 p.m. Pre-K awards ceremony in classrooms Ms. Georgoulakis, 8 a.m. Ms. Kramme and Ms. Canny, 1 p.m. Ms. Feil, 1:30 p.m.

Ms. Hernandez and Ms. Norton, 2 p.m.

#### Robert G. Cole Middle/High School

#### May 31

Memorial Day Holiday/school holiday

#### June 1

Hoop Dreams League games for girls, 6, 7 and 8 p.m.
Senior class community service project

#### June 2

Senior class trip to Mo-Ranch, all day

#### June 3

Early release day for students, 11:35 a.m. Senior class meeting practice with Ms. Lien for graduation speakers Hoop Dreams League games for girls, 6, 7 and 8 p.m.

#### June 4

Early release day for students, 11:35 a.m.
Last day of school — end of fourth nine weeks
End of second semester
Graduation practice for all seniors at
Laurie Auditorium
Graduation at Trinity University in
Laurie Auditorium, 7 p.m.



#### **Announcements**

#### Discount Silver Stars Tickets

In honor of Memorial Day, Spurs Sports & Entertainment would like to show appreciation for members of the military and their Families by extending an invitation to both Silver Stars home games on Memorial Day weekend for less than half price. May 28 the Silver Stars play the New York Liberty at 7 p.m., and May 30, the Stars go up against the Seattle Storm at 2 p.m. Both games are at the AT&T Center. Tickets are priced at \$25 (originally \$54) and \$10 (originally \$24). To order your tickets, visit https://oss.ticketmaster.com/ html/go.html?l=EN&t=silverstars&o =16584409&g=924: enter special code: MEMORIAL; create a new account or log into your existing one; pick your seats and location: enter your billing information; and print your tickets. No Ticketmaster fees apply.

#### **Soldier Entertainers Needed**

If you can sing, dance, do comedy or play an instrument, now is your time to shine. The U.S. Army
Entertainment Division and Family

and Morale, Welfare and Recreation Command will judge entertainers and shows at all participating installations. The Festival of the Performing Arts Competition will feature the Fort Sam Houston Better Opportunities for Single Soldiers Variety Show entry called, "A Musical Rendezvous," June 20 at the Hacienda Recreation Center. For more information or to schedule an audition, call 224-7250.

# Summer Activities/Camps for Kids

School will be out soon, avoid the stressors of who will be watching the kids when you're at work. From toddlers to teens, there will be no summer blues with the Child, Youth & School Services child care summer camps and field trips. Call Parent Central at 221-4871 to register your children, limited seats available.

#### English as a Second Language

Classes are held Mondays and Fridays, 5-8 p.m. at Army Community Service, Building 2797 use the back entrance. Call 221-1681/9698.

### **Calendar of Events**

#### May 27 FSH Trails and Tales

The tour is 9 a.m.-12:30 p.m.,

leaving from Army Community
Service, Building 2797. The tour
offers the newcomer an opportunity
to become familiar with the installation and visit historic sites on post.
Lunch is optional at the Rocco
Dining Facility for \$4.25. Bring your
civilian or military I.D. card.
Transportation provided. Call
221-9698/2418

## Microsoft PowerPoint Level 2

The class is 8 a.m.-noon at Army Community Service, Building 2797 in the computer lab. Basic computer skills, completion of PowerPoint Level 1 and registration required. Call 221-2518.

## EFMP — Coping Skills for Children

The class is 10 a.m.-3:30 p.m. at Army Community Service, Building 2797. The class will help parents deal with children who are adjusting to change. Guest speakers will be Elizabeth Groover and Jennifer Klock from the Parent-to-Parent Program. To register, call 221-0600/2418.

#### Mandatory Initial First Termer Financial Readiness

The class is 10 a.m.-noon at Army Community Service, Building 2797 in the computer lab. Call 221-1612.

# May 28 Aquatic Center Opens

Fort Sam Houston Aquatic Center opens at noon. Located in Building 3300, Williams Road, the center features a 50-meter Olympic-size swimming pool, three amusement park-style water slides, three full-time lap lanes, a shaded kiddie pool, playground, locker rooms with showers, picnic area and lounge chairs. The center is open to all DoD I.D. cardholders. Adult cardholders may bring up to two guests. The center offers swimming lessons for all ages and the pool is also available for rental for parties. Call 221-4887.

## Battlemind (Pre) Training for Families

The training is 2:30-4:30 p.m. at Army Community Service, Building 2797. To register, call 221-1829/2705 or e-mail samh.acs.mob. deploy@conus.army.mil.

#### May 31 Ready to Roll

The class is 2-4 p.m. at Army Community Service, Building 2797. The class will teach you how to prepare to buy a car and walk you through the process. You will leave the dealership assured that you get the best bang for your buck. To register, call 221-1612.

## June 1 Basics of Breastfeeding

The class is 12:30-2 p.m. at Army Community Service, Building 2797. To register, call 221-0349/2055.

#### **Bank Account Management**

The class is 2-4 p.m. at Army Community Service, Building 2797. To register, call 221-1612.

#### June 2 Intro to Computers

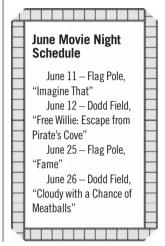
The class is 8 a.m.-noon at Army Community Service, Building 2797 in the computer lab. Registration required, call 221-2518.

#### Mandatory Initial First Termer Financial Readiness

The class begins at noon at the Education Center, Building 2248. To register, call 221-1612.

#### June 4 Meet 'n' Greet

Say hello to the newest members of the Fort Sam Houston community at the Welcome to the Neighborhood event June 4, 4-8 p.m. at the Sam Houston Club. There will be fun for the whole Family, including a DJ, face painting, moon bouncer, giveaways, arts and crafts vendors, free food and drinks. Mark Christopher Lawrence from NBC's "Chuck" will be there for a meet and greet. Call 224-2721.





#### **Announcements**

#### Basic Motorcycle Rider Course Available

A basic motorcycle rider course is available, at no charge, to service members who would like to learn how to ride. Visit the Installation Army Traffic Safety Training Program website at https://airs.lmi.org (Region=West; Garrison=Fort Sam Houston; Courses=(applicable course)) or call 221-3846.

#### **Calendar of Events**

#### May 28-30 Spring Jubilee

The American Legion, Post 593, Converse will hold their 3rd Annual Spring Jubilee May 28-30 at the Converse City Park across from Judson High School. A kick-off parade will be held May 29, 10 a.m. in downtown Converse. Over the three days, there will be a children's carnival, live bands, demonstrations, vendors, a car show, chili and bean cookoffs, motorcycle run and show, horseshoe tournament, dunking booth, and more. Free admission and parking. Call 658-1111 or visit http://www.Post593.org.

#### May 29 Universal City Park Walk

The Randolph Roadrunners volksmarch club is hosting a 5k and 10k walk, starting at the Universal City Municipal Park, 1100 North Blvd., Universal City. Walks start at 8 a.m. and noon, finish by 3 p.m. Call 723-8574 or visit http://www.randolphroadrunners.info.

#### May 30 Memorial Memories Concert

The Institute of Texan Cultures proudly presents a big band salute to veterans and those currently serving in the United States Armed Forces from 2:30-5 p.m., doors open at noon at UTSA HemisFair Park Campus, 801 E. Durango Blvd. The concert features the sounds of the Sentimental Journey Orchestra under the direction of Ted Conerly, accompanied by the voices of the Memphis Belles trio and soloist Jessie Boatright. Admission is free. Call 458-2300 or visit http://www.TexanCultures.com.

#### **Universal City Sunrise Walk**

The Randolph Roadrunners volksmarch club is hosting a 5k and 10k walk, starting at the Taco Cabana, 1533 Pat Booker Rd., Universal City. Walks start between 6 a.m. and 8 a.m., finish by 11 a.m. Call 723-8574 or visit http://www.randolphroadrunners.info.

# May 31 Universal City Remembrance Walk

The Randolph Roadrunners volksmarch club is hosting a 5k and 10k walk, starting at the Universal City Municipal Building, 2150 Universal City Blvd., Universal City. Walks start between 8 a.m. and noon, finish by 3 p.m. Call 723-8574 or visit http://www.randolphroadrunners.info.

# June 10 Concert Under the Stars

The San Antonio Botanical Gardens will host a concert by jazz and cabaret singer Ken Slavin. Gates open at 6 p.m., concert begins at 7 p.m. Admission is \$5. The Botanical Garden is located at 555 Funston Rd. Call 829-5100 or visit http://www.sabot.org.

# June 11-13 Texas Folklife Festival

The 2010 Texas Folklife Festival is June 11-13 at the Institute of Texan Cultures UTSA HemisFair Park Campus, 801 E. Durango Blvd. The Texas Folklife Festival is a three-day celebration of Texas' rich cultural diversity, with 10 stages featuring music and dance, more than 150 unique menu items and 65 unique arts and crafts vendors. Admission is adult \$10 advance/\$15 gate, children 6-11 years old \$5 advance/\$6 gate, 5 and under are free. Call 458-2300 or visit http://www. TexasFolklifeFestival.org.

# June 12 National Cancer Survivors Day at BAMC

Brooke Army and Wilford Hall Medical Center's cancer care committees proudly announce the 4th Annual National Cancer Survivors Day event 3-5 p.m. at the BAMC medical mall. All DoD beneficiaries are invited. Rudy's BBQ will be served. Reserve by June 4 at 916-5778.

#### June 19 Juneteenth Parade

The 12th annual Juneteenth Parade will begin at 8 a.m. Parade route begins at North Cherry Street and ends at the west side of the Coliseum parking lot at AT&T Parkway. Following the parade there will be food, music, games and entertainment. Call 214-2594, 227-7311 or 289-7683.

### **Rocco Dining Facility Menu**

Friday – May 28 Lunch –11 a.m. to 1 p.m. Beef pot pie with biscuits, southern fried catfish, Creole shrimp, barbe-

cued spareribs, macaroni and cheese, steamed rice, parsley-buttered potatoes, pinto beans, fried cabbage, baked parmesan tomato halves, yellow squash

#### Dinner -5 to 7 p.m.

Barbecued roast pork loin, countryfried steaks, chicken cordon bleu, roast pork, red beans and rice, scalloped sweet potatoes, parsley new potatoes, turnip greens, black-eyed peas, carrots

#### Saturday – May 29

Lunch - noon to 1:30 p.m. Beef lasagna, vegetable lasagna, meat loaf, breaded pork fritters. mashed potatoes, wild rice, mashed potatoes, wax beans, stewed tomato and okra, peas and carrots

Dinner -5 to 6:30 p.m.

Savory baked chicken, pepper steak, grilled tuna patties, parslev-buttered potatoes, macaroni and cheese,

brown rice, cauliflower and carrots, pinto beans, corn on the cob

#### Sunday - May 30

Lunch - noon to 1:30 p.m. Yankee pot roast, chicken stir-fry, breaded veal steaks, baked fish with garlic butter sauce, hopping john rice, steamed rice, new potatoes. French-style green beans, beets in orange-lemon sauce, vellow squash Dinner – 5 to 6:30 p.m.

Broccoli quiche, sweet and sour chicken, Salisbury steaks, beef stuffed cabbage rolls, mashed potatoes, brown rice, fried cabbage, black-eyed peas, green beans with

#### Monday – May 31

Lunch - 11 a.m. to 1 p.m.

Barbecued kielbasa sausage, roast turkey, barbequed spareribs, pinto beans, cornbread dressing, mashed potatoes, baked potatoes, baked macaroni and cheese, corn on the cob, mixed vegetables

Dinner - 5 to 6:30 p.m.

Beef lasagna, vegetable lasagna,

apple-glazed corned beef, lemon herb baked fish, baked potatoes, potato wedges, rice pilaf, French-fried okra. carrots, asparagus

#### Tuesday – June 1

Lunch — 11 a.m. to 1 p.m. Chicken fajitas, beef enchiladas,

cheese enchiladas. Swedish meatballs with brown gravy, breaded pork chops, steamed rice. Mexican rice. mashed potatoes, corn on the cob, refried beans with cheese, zucchini squash, mixed vegetables

Dinner -5 to 7 p.m.

Beef fajitas, teriyaki baked chicken, broccoli quiche, Creole macaroni, Italian rice and beef, mashed potatoes, Spanish rice, baked potatoes, spinach, wax beans. French-fried

#### Wednesday – June 2

Lunch -11 a.m. to 1 p.m. Stuffed cabbage rolls, chicken pot pie with biscuits, roast fresh pork, grilled knockwurst, lemon baked fish, baked sweet potato halves, home fried potatoes, macaroni and cheese,

German sauerkraut, cauliflower au gratin, broccoli combo Dinner -5 to 7 p.m.

**Building 2745. Schofield Road** 

Szechwan chicken breast, bread veal steaks with mushroom gravy, grilled pork chops, roast beef, vegetable stuffed peppers, cottage fried potatoes, rice pilaf, baked potatoes, green beans, corn, Creole squash

#### Thursday – June 3 Lunch - 11 a.m. to 1 p.m.

Cantonese spareribs, beef and broccoli, chicken gyros, pork chop suey, cheese ravioli, steamed rice, fried rice, oven glo potatoes, baked potatoes, vegetable stir fry, lima beans, asparagus

Dinner – 5 to 7 p.m.

Southern fried fish, sweet and sour chicken, beef stir frv. spicy baked fish, cheese manicotti, brown rice. oven glo potatoes, baked potatoes, mixed vegetables, stewed tomatoes, Chinese fried cabbage

Menus are subject to change without notice

# REMINDER CALER

May 27\\ Mayor's Meeting, 10:30-11:30 a.m., Main Resident Center, 407 Dickman May 28 Fort Sam Houston Aquatic Center Opens May 29 5K Fun Run/Walk, 9 a.m., Jimmy Brought Fitness May 31 Memorial Day Ceremony, 9:30 a.m., FSH National Cemetery, musical prelude 9 a.m. Garrison Blood Drive June 2 June 3 Last Day of School June 4 Warriors Monthly Scramble Golf Tournament. 1:30 p.m., FSH Golf Club, \$25 entry fee 264th Medical Battalion Change of Command. June 4 8 a.m., MacArthur Parade Field June 4 Cole High School Graduation Ceremony, 7 p.m., Laurie Auditorium, Trinity University Triathlon No. 1, 6:30 a.m., FSH Aquatic Center June 6



Main Post Chapel, Building 2200,

4:45 p.m. - Reconciliation - Saturdays

5:30 p.m. - Mass - Saturdays

11:30 a.m. - Mass - weekdays

8 a.m. - Collective Protestant

11 a.m. - Collective Protestant

Jewish Services: 379-8666 or 493-6660

**Dodd Field Chapel, Building** 

1721, 221-5010 or 221-5432

Chapel Enrichment or Bible Study -

12:30 p.m. - Mass - Sundays

Samoan Protestant Service:

**Protestant Services:** 

care is provided

is provided

9:15 to 11:15 a.m. - Catholic Women of the

10:30 a.m. - Gospel Protestant - Sundays

9:30 to 11:30 a.m. - Protestant Women of the Chapel meeting - Wednesdays, child

6:30 to 7:30 p.m. - Protestant Women of

the Chapel meeting - Thursdays, child care

8 p.m. - Fridays - Worship and 8:30 p.m. -

**Protestant Services - Sundays:** 

9:30 a.m. - Mass - Sundays

221-2754

Oneg Shabbat

Catholic Services:

Mondays

Catholic Services:

#### **High Seas Expedition for** Children

Come join us for Vacation Bible School! It's a High Seas Expedition for children where they are "Exploring the Mighty Love of God." This year's Vacation Bible School sets sail for the imaginary high seas

8:30 a.m. - Sundays

**Catholic Services:** 

**Protestant Services:** 

8:30 a.m. - Mass - Sundays

11:30 a.m. - Mass - Sundays

10 a.m. - Worship Service - Sundays

Episcopal/Lutheran Rite services:

at Dodd Field Chapel, Each day will be filled with Bible learning experiences for kids to see, touch, and even taste. We will have Clipper Ship Crafts, Bible Story Voyages, Singing, Ship-Rec Games, and a whole lot of fun. The High Seas Expedition Vacation Bible School is for children

in preschool through (those who have completed) fifth grade. Register online at http://www.samhouston.armv.mil/chaplain/vbs. We set sail every day, from June 13 through 17, 5:30 to 8:30 p.m. For more information e-mail robb.wood @us.armv.mil or call 221-3749.

WLT



Center for the Intrepid, first floor. 916-1105 Christ for the Intrepid services:

12:30 p.m. - Traditional worship - Thursdays

Brooke Army Medical Center Chapel, Building 3600, 916-1105

5:30 p.m. - Coffee and fellowship - Sundays 6 p.m. - Contemporary worship - Sundays

AMEDD Regimental Chapel, Building 1398, 221-4362 32nd Medical Brigade Student services Catholic Mass: 8 a.m. - Sundays **Contemporary Protestant Service:** 9:30 a.m. and 11:01 a.m. - Sundays Muslim Jumma: 1:30 p.m. - Fridays

Installation Chaplain Office, **Building 2530, 221-5007** Church of Jesus Christ of Latter Day Saints:

8:30 a.m. - Sundays

Web site: http://www.samhouston.army.mil/chaplain



Intramural Spring So Standings As of May 20	oftbal	I	
TEAM	W	L	
1st ARSOUTH	4	0	
2nd 470th MI	4	1	
3rd SA Recruiting Bn.	2	1	
4th BAMC Pharmacy	3	2	
5th INCOM	2	2	
6th ARNORTH	2	2	
7th 4th RECON.	1	2	
8th ISR	0	4	
9th Silver Sluggers	0	4	
Intramural Golf Standings			

As of May 17

#### **HOGAN DIVISION**

1st MEDCOM #4	16-8-0
2nd MEDCOM AHSMOC	14-8-2
3rd AMEDDC&S A	14-10-0
4th BAMC #2	13-10-1
5th SRMC	11-9-4
6th ARNORTH #2	12-12-0
7th ARSOUTH #1	10-11-3
8th 106th Sig. Bde.	9-14-1
9th GARRISON	9-11-1
10th HCAA	6-18-0
DALEY DIVISION	
1st ARNORTH #1	15-8-1
2nd MEDCOM #3	12-7-1
	12 / 1
3rd BAMC #1	14-10-0
3rd BAMC #1 4th 502nd ABW	
	14-10-0
4th 502nd ABW	14-10-0 11-8-1
4th 502nd ABW 5th MEDCOM #1	14-10-0 11-8-1 11-9-0
4th 502nd ABW 5th MEDCOM #1 6th DCDD	14-10-0 11-8-1 11-9-0 10-9-1
4th 502nd ABW 5th MEDCOM #1 6th DCDD 7th ARSOUTH #2	14-10-0 11-8-1 11-9-0 10-9-1 7-11-2
4th 502nd ABW 5th MEDCOM #1 6th DCDD 7th ARSOUTH #2 8th MEDCOM #2	14-10-0 11-8-1 11-9-0 10-9-1 7-11-2 7-13-0



For Sale: 1995 Seadoo XP ietski. excellent condition, just tuned up. carbs rebuilt, new fuel lines, new boat registration, new battery, with two Seadoo lifejackets, factory cover and Magnum trailer with spare and lock. \$1,950 obo. Have clear title for the boat and the trailer. On the Lemon Lot, Call 221-3471 or 857-7678. For Sale: X-Cargo Sport 20 car top

carrier, \$100. Call 454-7794. For Sale: Kenmore washer and dryer, large capacity, like new, \$175; Ashley sofa and love seat, olive green with wood trim, very expensive living room set, \$200 for both; Weber barbecue, \$60; moving so must sell, Call 337-401-7091.

For Sale: 2004 Dodge Caravan minivan. 78k miles, mint condition. \$7.000 obo: 2006 Harley Davidson Sportster 883r motorcycle, 2800 miles, mint condition, \$5,500; mattress and box spring, \$40 each: washer, like new, \$80; two night tables, \$10 each. On post, call 688-4574 or 602-2282.

For Sale: Two full-size beds with drawers on both sides, \$250 each or \$450 for both. Call 542-4644 or 542-

For sale: U.S. flag pleated fans, 27 inches by 54 inches, high quality with sewn stripes and appliquéd stars on both sides: \$50 set of nine. Call 223-7577.

For Sale: Maytag washer and dryer, good condition, beige, with attachments, \$200 set. Call 845-2694, after

For Sale: Electric lamp, \$10; Santa Fe tortilla press, \$5; paper shredder, \$5: student desk. \$10. Call 653-5302. For Sale: 2000 Harley Davidson Fatboy, excellent condition, new tires and brakes, lots of extras: Ping G2 3-SW irons, new grips, good condition, \$130 obo; Ping G-5 driver with cover, \$50 obo. Call 373-8469.

Free: 3-year-old female Chihuahua. smooth short coat, calm personality, black and tan, house trained, needs a nice new home. Call 688-4574 or 602-2282.